



RPM Academy

Rider Course Instructor Candidate Pre-Course Skill Evaluation - ARC

Evaluator _____ MIT- _____ Location _____ Date _____

EVALUATION/Candidate #	1	2	3	4	5	6	7	8	9	10	11	12
1. Apex in a Curve (Right turn portion of ARC Exercise 2) Target 20-25 mph (32-40 kph) Timing: curve entry to curve exit cone												
Outside-Inside-Outside" path of travel	5	5	5	5	5	5	5	5	5	5	5	5
Looks down or no head turn	5	5	5	5	5	5	5	5	5	5	5	5
Deceleration in turn	5	5	5	5	5	5	5	5	5	5	5	5
Crosses line in turn	10	10	10	10	10	10	10	10	10	10	10	10
Time:												
Speed Penalty												
Turning Total (Max 15)												
2. Quick Stop in a Straight Line (Left to Right direction only as viewed from staging area - Part B of ARC Exercise 1) Target Entry Speed 20-25 mph (32-40 kph)												
<i>ADD 2 cones 20 ft past ARC Ex. 1 "Initiate Stop" cones. Use Initiate Stop cone dots (without cones) from ARC Ex 1 as beginning of the 20 ft. timing area. New cones will become Initiate Stop marker for evaluation. Normal Stop Part A cones for ARC Ex 1 used for 30 foot standard maximum stopping distance marker. Minimum entry speed 16 mph.</i>												
Beyond 30 ft standard	10	10	10	10	10	10	10	10	10	10	10	10
Not using both brakes	5	5	5	5	5	5	5	5	5	5	5	5
Not stopped in 1 st gear	5	5	5	5	5	5	5	5	5	5	5	5
Incorrect speed (2 nd attempt) >0.85 sec	10	10	10	10	10	10	10	10	10	10	10	10
Anticipation (2 nd attempt)	10	10	10	10	10	10	10	10	10	10	10	10
Quick Stop Total (Max 15)												
3. Obstacle Avoidance and Swerving (2 nd half using cascading swerve boxes from ARC Ex. 6 and ARC Ex 9 Starting box)												
<i>ADD 2 timing dots 20 feet prior to first swerve box entry for timing entry speed. Minimum Entry speed 20 mph (32 kph).</i>												
Hits cone (hits obstacle)	10	10	10	10	10	10	10	10	10	10	10	10
Brakes during swerve	5	5	5	5	5	5	5	5	5	5	5	5
Misses swerve box	10	10	10	10	10	10	10	10	10	10	10	10
Decelerates during swerve	5	5	5	5	5	5	5	5	5	5	5	5
Improper Speed (2 nd attempt)	10	10	10	10	10	10	10	10	10	10	10	10
Swerve Total (Max 15)												
4. Tight U-Turns, Sharp Corners, Sharp Turns Both Directions (ARC Ex. 9) Target 20-25 mph (32-40 kph) on straightaway												
Candidate	1	2	3	4	5	6	7	8	9	10	11	12
Number of times	Once More	Once More	Once More	Once More	Once More	Once More	Once More	Once More	Once More	Once More	Once More	Once More
Crosses Lines	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5
Puts foot down (other than required stop and go)	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5	3 5
Fails to square handlebars at stop	5	5	5	5	5	5	5	5	5	5	5	5
Sub Total (Max 15)												
Automatic Failure (fall/drop bike)	21	21	21	21	21	21	21	21	21	21	21	21
Subtract Total Points from 100												
Total Score (Passing is ≥ 80)												

Apexing In a Curve Standard		Entry Speed Standard	
Time (sec)	Penalty Points	Quick Stop	Swerve
2.95 - 3.09	1	0.85 seconds or lower (If < 0.54 seconds, one re-run is allowed)	0.68 seconds or lower (one rerun is allowed)
3.10 – 3.28	3		
≥ 3.29	5		